

5th GymCity OPEN 2016 For the "Brandenburg Cup" Cottbus, (GER) 10.06.2016 - 12.06.2016



DIRECTIVES

Dear FIG affiliated Member Federation and Clubs,

The German Gymnastics Federation (DTB) and the SC Cottbus Turnen e.V. has the pleasure to invite your Federation to participate in the aforementioned International Event.

DISCIPLINE	Trampoline Gymnastics
HOST FEDERATION	German Gymnastics Federation (DTB) Otto-Fleck-Schneise 8, 60528 Frankfurt am Main, Germany contact person: Jessika Grupe Phone number: +49-69-67801 158 Fax number: +49-69-67801 225 e-mail: Jessika.Grupe@dtb-online.de web site: www.dtb-online.de
LOCAL ORGANIZING COMMITTEE	SC Cottbus Turnen e.V. Dresdener Straße 18, 03050 Cottbus, Germany Contact person: Eric Schön Mobilephone number: (+49) 176/ 10094662 E-mail: info@gymcity-open.de web site: www.gymcity-open.com
LOCATION	Cottbus, Germany
DATE	From 10 th June to 12 th June, 2016
VENUE	Lausitz Arena Cottbus Hermann-Löns-Straße 03050 Cottbus web site: www.lausitzarena-cottbus.de The Training Hall and the Warm-up Hall is in the same location as the competition hall
APPARATUS SUPPLIER	EUROTRAMP Ultimate Trampolines with 4x4 mm beds (Art.No. 03000) For warming up Eurotramp Trampolines 4x4
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: Statutes Technical Regulations Code of Points and relevant Newsletters General Judges' Rules Specific Judges' Rules Doping Control Rules Licence rules (except for non competitive events) Media Rules Apparatus Norms Accredition Rueles FIG Rules for Sanctioning (approval) of International Events Advertising and Publicity Rules and subsequent decisions of the FIG Executive Committee Federations which have not fulfilled their financial obligations towards the Local Organizing Committee by the given deadline in this Directive may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation.















FEDERATIONS INVITED

The Organizing Member Federation will invite all Member Federations according to the following principles:

- all FIG member federation in good standing,
- all clubs affiliated in the respective federations,
- district or reginal associations affiliated in the respective federations

The clubs have to respect their national eligibility rules for participation in the international events.

AGE LIMITS and Compulsory Exercises

TRA:	GC-O 1:	women	Α	y.o. birth 2003 and younger	M8 (FIG B)
	GC-O 2:	men	Α	y.o. birth 2003 and younger	M8 (FIG B)
	GC-O 3:	women	В	y.o. birth 2001 – 2002	M9 B (FIG B)
	GC-O 4:	men		y.o. birth 2001 – 2002	M9 B (FIG B)
	GC-O 5:	women		y.o. birth 1998 – 2000	M9 A (FIG A)
	GC-O 6:	men	Α	y.o. birth 1998 – 2000	M9 A (FIG A)
	GC-O 7:	women		y.o. birth from 1997	M10 (FIG A)
	GC-O 8:	men		y.o. birth from 1997	M10 (FIG A)

Compulsory exercises M8

The routine has 10 various parts, of which the four subsequent compulsory jumps at any point. The other various parts can be chosen free, but maximum can be one jump lower than 270° somersault rotation.

Jump	Variou part	Difficulty	Symbol
1	3/4 backflip b	0,3 points	30 < B
2	Twist flip	0,7 points	421
3	Rudi or Rudi ball out a or b	0,8 points / 0,9 points	43 / 53
4	One jump minimum 630° somersault rotation		

Compulsory exercises M9 B (FIG B)				
The routine has 10 ex	ercise parts, at least 9 jumps with 270° somersault rotation. The			
following four extra co	inditions must be satisfied in different jumps and marks with (*) on the			
competition card.				
1	A jump in the prone or supine position			
2	A jump from the abdomen or back, in combination with condition 1			
3	A double front flip or back flip, with or without twists			
4	A jump with minimum 540° twist and minimum 360° somersault			
4	rotation.			

Compulsory exercises M9 A			
The routine has 10 exercise parts, every jump with 270° somersault rotation. The following four extra conditions must be satisfied in different jumps and marks with (*) on the competition card.			
1	A double front flip or back flip, with or without twists		
2	A jump with minimum 540° twist and minimum 270° somersault rotation.		
3	Two various parts, which are marked on the competition card with (*), are going compulsory exercises with their difficulty level additionally.		
4	It is not allowed to repeat these two jumps in the free section, otherwise the difficulty level of the repeated jump will not count in the first free section.		

Compulsory exercises M 10		
The routine has 10 various parts, every jump with 270° somersault rotation.		
Two various parts, which are marked on the competition card wit (*), are going compulsory exercises with their difficulty level additionally.		
2	It is not allowed to repeat these two jumps in the free section, otherwise the difficulty level of the repeated	

German Athletes in category GCO 1 and GCO 2 practice the M8, international Guest can practice the compulsory exercise FIG B. Younger Athletes can start in older competition classes. In the GCO 5 and GCO 6 can be practices two heavy elements in place of two routine elements as FIG A.















JUDGES AND JURIES	It is compulsory that the participating Delegations bring one judge with current FIG brevet. Judges from German clubs need the national B- license
	The Clubs, Associations or Federations that don't oblige by the established rules relating to the disposability of judges will be penalized with the payment of 25 EURO per participant of the delegation for each missing judge. The non-payment of the penalization will implicate the non-participation in the event of the respective competitors.
	All the judges indicated by the respective clubs, associations and federations to the organization will have to be present at the respective judges meeting. Note: Transport, accommodation and meals of each delegation judges are in responsibility of respective delegation.
	All judges must have a current valid FIG brevet. German judges need minimum national B-License at the time of the event.
REGISTRATION DEADLINES	The definitive registration must be made only online via the GymCity OPEN web site www.gymcity-open.de
	All booked additional services such as accommodation, banquet and transfer service are legally binding and can only be specified in the definitive registration.
	The Nominative Registration must be made exclusively online via the Sporttec website http://www.sporttech.io. All members of the delegation that attend the competition (athlets,coaches,judges) have to be registered. All members of the delegation are committed to upload a current picture. For the results showing on the video wall and for accreditation card it is mandatory that the picture is online.
	Definitive registration 25 th April 2016 Nominative registration 13 rd May 2016
	Penalty for missing or late Definitive registration as follows:
	Penalty for definitive registration 25€ per Person After the 13 rd May 2016 definitive and nominative registration are no longer possible.
ENTRY FEES	The Entry fee for this event will be 20€ per person (all members of the delegation except judges).
	The accreditation is on Friday 10 th May 2016 at 16pm in the Local organisation office. Heads of the delegations are required to bring the following documents: - Passport of all members of the delegation
ACCREDITATION	Proof of total paymentsProof of medical insurances
	- FIG Licenses Eight (8) finalists (6 finalists if 7 – 8 participants, 4 finalists if 5 – 6 participants, 3
	finalists if 3 – 4 participants in category). Finals will start from zero. Tie-breaking rules as per FIG Code of Points 2013 – 2016.
EVENT FORMAT	In addition, the host Club SC Cottbus Turnen e.V. is allowed to set up one gymnast per category in every final. If there is no athlete from home club in the final there will be nine (9) starters in the final. (Wildcard)
	In competition there will be no "one- touch" instead every category becomes 20 minutes of warming up. Friday, 10 th June 2016
PROVISIONAL SCHEDULE	Friday, 10 th June 2016 - arrival of delegations - 05:00pm – 08:00pm free training
	Saturday, 11 th June 2016 - 08:00am – 9:00am warming up and free training - 8:30am judges & delegation meeting (compulsory) - 09:30am – 03:15pm qualification-competitions















	- 03:30pm – 7:00pm final individual competitions				
	07:15pm medal ceremonies08:00pm Banquet				
	Sunday, 12 th June 2016				
	- 07:30am – 09:30am breakfast				
	- departure of delegations				
	The exact schedule will be sent to the participating federations / clubs 2 weeks before the competitions by e-mail.				
EVENT MANAGER	Eric Schön				
	E-Mail: Eric.Schoen@gymcity-open.de The medical care will be fully guaranteed by the Organizing Committee. The				
MEDICAL	Guarantee includes the first aid as well as an ambulation in a nearby hospital.				
SERVICES	The event will have a number of doctors and physiotherapists available for the				
	assistance of all competing Federations. A Paramedic Ambulance will be on site during official training, warm up and				
	competition periodes.				
INSURANCE	The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The				
	FIG Technical Regulations foresee that all participating Federations are responsible				
	for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.				
	The LOC will verify the insurance upon arrival of the delegation members (e.g. cover				
	note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.				
INTERNATIONAL	The Travel Schedule Form can be downloaded from the web site http://gymcity-				
TRANSPORTATION	open.de/downloads-2/ and must be returned to the LOC by 13 rd May 2016.				
LOCAL	The local transportation from the airports (Berlin, Dresden) or railway station and between the hotel and venue will be cost 25€ (per delegation member) for the				
TRANSPORTATION	local transportation must be ordered at the definitive registration by 08 th April 2016				
ACCOMMODATION	Sorat Hotel Cottbus**** Schlosskirchplatz 2				
	DE 03046 Cottbus				
	Homepage: Sorat Hotel Cottbus				
	The costs per person and night in this Hotel are as follows:				
	75 € (single room, including breakfast)				
	50 € (double room, including breakfast) 45 € (triple room, including breakfast)				
	The prices charged for the hotel rooms will not exceed the usual hotel rates. The				
	Accommodation Form must be returned to the LOC by the time of the definitive				
	registration. The Hotel rooms will be allocated on a "first come, first served" basis.				
MEALS	For a fee, can be supplied at the stall on Friday evening and Saturday lunchtime. Rooms cancelled after the definitive registration on 25 th April 2016 will be				
CANCELATION POLICY	subject to a cancellation fee of 50% to be paid by the Federation				
POLICI	concerned. Rooms cancelled after 13 rd May will be subject to a cancellation				
	fee of 100 % to be paid by the Federation concerned.				
FINAL BANQUET	The banquet has to be booked at the time of the definitive Registration. The cost per person is 20 €. Every person booked gets a barbecue with two meal voucher and one drink voucher. At the beginning every one becomes an opening drink.				
BANK ACCOUNT	The payment of the costs should be requested via bank transfer to the 13 rd May 2016.				
INFORMATION	Each participating member Federation is kindly requested to integrate the payment's purpose as follows:				
	parpose de follows.				
	SC Cottbus Turnen e.V.				
	Sparkasse Spree-Neiße IBAN: DE33 1805 0000 3205 104489				
	BIC-/SWIFT-Code: WELA DE D1 CBN				
	Usage: GCO 2016 / NATION, Association				















	The participating federation is responsible full with the bank transfers.	for covering all bank fees in connection	
MARKETING	FIG advertising and publicity norms must be	respected	
SOCIAL MEDIA	GymCity OPEN on facebook www.facebook.com/GymcityOpen/?fref=ts		
DEADLINES			
SUMMARY	Definitve Registration	25 th April 2016	
	Nominative Registration	13 th May 2016	
	Accommodation 25 th April 2016		
	Airport Shuttle 25 th April 2016		
	Travel Schedule Form 13 th May 2016		
	Payment of the Entry Fee 13 th May 2016		
	Payment of the Accommodation Costs 13 th May 2016		
	Payment of the local transportation 13 th May 2016		
	Payment of the Final Banquet	13 th May 2016	
	Payment of the fine for missing judge	13 th May 2016	

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Place and date:	Stamp	Signature of the President or Secretary General of the FIG affiliated NF













