

TRAINING SCHEDULE

Monday, 23rd November

TRA Trampoline				
Time		Warm up area	Competition Hall	Training Hall
08.30	09.15	Group 1		
09.15	10.00	Group 2	Group 1	Group 6
10.00	10.45	Group 3	Group 2	Group 7
10.45	11.30	Group 4	Group 3	Group 8
11.30	12.15	Group 5	Group 4	Group 9
12.15	13.00	Group 6	Group 5	Group 10
13.00	13.45	Group 7	Group 6	Group 11
13.45	14.30	Group 8	Group 7	Group 12
14.30	15.15	Group 9	Group 8	Group 13
15.15	16.00	Group 10	Group 9	Group 14
16.00	16.45	Group 11	Group 10	Group 15
16.45	17.30	Group 12	Group 11	Group 16
17.30	18.15	Group 13	Group 12	Group 1
18.15	19.00	Group 14	Group 13	Group 2
19.00	19.45	Group 15	Group 14	Group 3
19.45	20.30	Group 16	Group 15	Group 4
20.30	21.15		Group 16	Group 5

TUM Tumbling				
Time		Warm up area	Competition Hall	Training Hall
08.30	09.15			
09.15	10.00			Group 1
10.00	10.45	Group 1		Group 2
10.45	11.30	Group 2	Group 1	Group 3
11.30	12.15	Group 3	Group 2	Group 4
12.15	13.00	Group 4	Group 3	Group 5
13.00	13.45	Group 5	Group 4	Group 6
13.45	14.30	Group 6	Group 5	Group 7
14.30	15.15	Group 7	Group 6	Group 8
15.15	16.00	Group 8	Group 7	Group 9
16.00	16.45	Group 9	Group 8	Group 10
16.45	17.30	Group 10	Group 9	
17.30	18.15		Group 10	
18.15	19.00			
19.00	19.45			
19.45	20.30			
20.30	21.15			

DMT Double Mini-Trampoline				
Time		Warm up area	Competition Hall	Training Hall
08.30	09.15			
09.15	10.00			Group 1
10.00	10.45	Group 1		Group 2
10.45	11.30	Group 2	Group 1	Group 3
11.30	12.15	Group 3	Group 2	Group 4
12.15	13.00	Group 4	Group 3	Group 5
13.00	13.45	Group 5	Group 4	Group 6
13.45	14.30	Group 6	Group 5	Group 7
14.30	15.15	Group 7	Group 6	Group 8
15.15	16.00	Group 8	Group 7	Group 9
16.00	16.45	Group 9	Group 8	
16.45	17.30		Group 9	
17.30	18.15			
18.15	19.00			
19.00	19.45			
19.45	20.30			
20.30	21.15			

TRAINING SCHEDULE

Tuesday, 24th November

TRA Trampoline				
Time		Warm up area	Competition Hall	Training Hall
08.30	09.15	Group 6		Group 12
09.15	10.00	Group 7	Group 6	Group 13
10.00	10.45	Group 8	Group 7	Group 14
10.45	11.30	Group 9	Group 8	Group 15
11.30	12.15	Group 10	Group 9	Group 16
12.15	13.00	Group 11	Group 10	Group 1
13.00	13.45	Group 12	Group 11	Group 2
13.45	14.30	Group 13	Group 12	Group 3
14.30	15.15	Group 14	Group 13	Group 4
15.15	16.00	Group 15	Group 14	Group 5
16.00	16.45	Group 16	Group 15	Group 6
16.45	17.30	Group 1	Group 16	Group 7
17.30	18.15	Group 2	Group 1	Group 8
18.15	19.00	Group 3	Group 2	Group 9
19.00	19.45	Group 4	Group 3	Group 10
19.45	20.30	Group 5	Group 4	Group 11
20.30	21.15		Group 5	

TUM Tumbling				
Time		Warm up area	Competition Hall	Training Hall
08.30	09.15			
09.15	10.00			Group 4
10.00	10.45	Group 4		Group 5
10.45	11.30	Group 5	Group 4	Group 6
11.30	12.15	Group 6	Group 5	Group 7
12.15	13.00	Group 7	Group 6	Group 8
13.00	13.45	Group 8	Group 7	Group 9
13.45	14.30	Group 9	Group 8	Group 10
14.30	15.15	Group 10	Group 9	Group 1
15.15	16.00	Group 1	Group 10	Group 2
16.00	16.45	Group 2	Group 1	Group 3
16.45	17.30	Group 3	Group 2	
17.30	18.15		Group 3	
18.15	19.00			
19.00	19.45			
19.45	20.30			
20.30	21.15			

DMT Double Mini-Trampoline				
Time		Warm up area	Competition Hall	Training Hall
08.30	09.15			
09.15	10.00			Group 4
10.00	10.45	Group 4		Group 5
10.45	11.30	Group 5	Group 4	Group 6
11.30	12.15	Group 6	Group 5	Group 7
12.15	13.00	Group 7	Group 6	Group 8
13.00	13.45	Group 8	Group 7	Group 9
13.45	14.30	Group 9	Group 8	Group 1
14.30	15.15	Group 1	Group 9	Group 2
15.15	16.00	Group 2	Group 1	Group 3
16.00	16.45	Group 3	Group 2	
16.45	17.30		Group 3	
17.30	18.15			
18.15	19.00			
19.00	19.45			
19.45	20.30			
20.30	21.15			

TRAINING SCHEDULE

Wednesday, 25th November

TRA Trampoline				
Time		Warm up area	Competition Hall	Training Hall
08.30	09.15	Group 12		Group 1
09.15	10.00	Group 13	Group 12	Group 2
10.00	10.45	Group 14	Group 13	Group 3
10.45	11.30	Group 15	Group 14	Group 4
11.30	12.15	Group 16	Group 15	Group 5
12.15	13.00	Group 1	Group 16	Group 6
13.00	13.45	Group 2	Group 1	Group 7
13.45	14.30	Group 3	Group 2	Group 8
14.30	15.15	Group 4	Group 3	Group 9
15.15	16.00	Group 5	Group 4	Group 10
16.00	16.45	Group 6	Group 5	Group 11
16.45	17.30	Group 7	Group 6	Group 12
17.30	18.15	Group 8	Group 7	Group 13
18.15	19.00	Group 9	Group 8	Group 14
19.00	19.45	Group 10	Group 9	Group 15
19.45	20.30	Group 11	Group 10	Group 16
20.30	21.15		Group 11	

TUM Tumbling				
Time		Warm up area	Competition Hall	Training Hall
08.30	09.15			
09.15	10.00			Group 4
10.00	10.45	Group 7		Group 5
10.45	11.30	Group 8	Group 1	Group 6
11.30	12.15	Group 9	Group 2	Group 7
12.15	13.00	Group 10	Group 3	Group 8
13.00	13.45	Group 1	Group 4	Group 9
13.45	14.30	Group 2	Group 5	Group 10
14.30	15.15	Group 3	Group 6	Group 1
15.15	16.00	Group 4	Group 7	Group 2
16.00	16.45	Group 5	Group 8	Group 3
16.45	17.30	Group 6	Group 9	
17.30	18.15		Group 10	
18.15	19.00			
19.00	19.45			
19.45	20.30			
20.30	21.15			

DMT Double Mini-Trampoline				
Time		Warm up area	Competition Hall	Training Hall
08.30	09.15			
09.15	10.00			Group 7
10.00	10.45	Group 7		Group 8
10.45	11.30	Group 8	Group 7	Group 9
11.30	12.15	Group 9	Group 8	Group 1
12.15	13.00	Group 1	Group 9	Group 2
13.00	13.45	Group 2	Group 1	Group 3
13.45	14.30	Group 3	Group 2	Group 4
14.30	15.15	Group 4	Group 3	Group 5
15.15	16.00	Group 5	Group 4	Group 6
16.00	16.45	Group 6	Group 5	
16.45	17.30		Group 6	
17.30	18.15			
18.15	19.00			
19.00	19.45			
19.45	20.30			
20.30	21.15			

TRAINING SCHEDULE

Thursday, 26th November

TRA		Trampoline		
Time	Warm up area	Competition Hall	Training Hall	
08.30	09.15			
09.15	10.00	COMpetition	Training as per competition schedule	Warm-up as per competition schedule
10.00	10.45			
10.45	11.30			
11.30	12.15			
12.15	13.00			
13.00	13.45			
13.45	14.30			
14.30	15.15			
15.15	16.00			
16.00	16.45			
16.45	17.30			
17.30	18.15			
18.15	19.00			
19.00	19.45			
19.45	20.30			
20.30	21.15			

TUM		Tumbling		
Time	Warm up area	Competition Hall	Training Hall	
09.00	09.50	COMpetition	Training as per competition schedule	Warm-up as per competition schedule
09.50	10.40			
10.40	11.30			
11.30	12.20			
12.20	13.10			
13.10	14.00			
14.00	14.50			
14.50	15.40			
15.40	16.30			
16.30	17.20			
17.20	18.10			
18.10	19.00			
19.00	19.50			
19.50	20.40			
20.40	21.30			

DMT		Double Mini-Trampoline		
Time	Warm up area	Competition Hall	Training Hall	
09.00	09.50	COMpetition	Training as per competition schedule	Group 1
09.50	10.40			Group 2
10.40	11.30			Group 3
11.30	12.20			Group 4
12.20	13.10			Group 5
13.10	14.00			Group 6
14.00	14.50			Group 7
14.50	15.40			Group 8
15.40	16.30			Group 9
16.30	17.20			
17.20	18.10			
18.10	19.00			
19.00	19.50			
19.50	20.40			
20.40	21.30			